



Michigan Quality Improvement Consortium Clinical Practice Guideline Update Alert

Guideline: [Management of Diabetes Mellitus](#)

Released: November 2018

This alert provides a summary of only the recommendations which were updated. Refer to the complete guideline for all recommendations and level of evidence.

Updated recommendations include:

Medical recommendations until therapeutic goals are achieved

- Treatment of hypertension using up to 3-4 anti-hypertensive medications to achieve adult target of $\leq 130/80$ mm Hg if tolerated, otherwise $\leq 140/90$ mm Hg. Mortality may increase if diastolic is treated to levels < 70 .