



Michigan Quality Improvement Consortium Clinical Practice Guideline Update Alert

Guideline: [Tobacco Control](#)

Released: September 2017

This alert provides a brief summary of updated recommendations. Refer to the complete guideline for all recommendations and level of evidence.

Updated recommendations include:

Eligible population:

All patients 12 years of age and older (regardless of prior use status)

Key Component

Identification of any form of tobacco and exposure status (never, former, current) and type (e-cigarettes/vaping, smokeless tobacco, pipe, snuff, dip, cigars, hookah [water pipe] and second-hand smoke)

Assess:

- Use of electronic cigarettes (vaping)
- Provide positive reinforcement to former tobacco users and non-users

Eligible population:

All patients identified as current smokers/tobacco users

Key Component

Intervention to promote cessation of tobacco use

Advise:

- Electronic cigarettes (vaping) have not been demonstrated to be a healthier alternative to smoking or able to facilitate smoking cessation, and should not be recommended by health professionals

Assist:

- Offer nicotine replacement therapy (adults only) and/or non-nicotine medications (varenicline, bupropion, others)