



Michigan Quality Improvement Consortium Clinical Practice Guideline Update Alert

Guideline: [Medical Management of Adults with Hypertension](#)

Released: August 2017

This alert provides a brief summary of updated recommendations. Refer to the complete guideline for all recommendations and level of evidence.

Updated recommendations include:

Monitoring and adjustment of therapy

Recheck at each visit. If elevated, measure BP seated 5-10 minutes, feet flat, arm at rest, appropriate size cuff.