



Michigan Quality Improvement Consortium 2009 Activity Highlights

In 2009, the Michigan Quality Improvement Consortium (MQIC) celebrated 10 years of collaboration. Since the beginning, MQIC has grown to include 13 health plans along with several other valued organizations residing in the State of Michigan. Our goal to achieve better health outcomes for the residents of our State is demonstrated by increases in several of our performance measures. We are dedicated to our vision and mission, and look forward to many more years of continuing our partnership with each other, and the physicians in the State of Michigan.

The following is a snapshot of accomplishments realized in 2009:

- Completed annual guideline mailing to 13,650 physicians statewide (27 guidelines).
- The *new* Office-Based Surgery guideline was released in March. This guideline outlines core principles for the use of moderate or deeper levels of sedation in the office setting.
- The Prevention of Pregnancy in Adolescents 12-17 Years guideline is in final draft and expected to be released in 2010 through continued collaboration with the Michigan Department of Community Health Provider Task Force.
- MQIC guidelines on heart failure; hypercholesterolemia; hypertension; obesity in the adult; osteoarthritis; pharyngitis; preventive services birth to 24 months, two to 21, 18-49, and 50-65 years of age; substance use disorders, tobacco control, and unintended pregnancy in adults were reviewed and updated.
- Updated and new MQIC guidelines and related background information submitted for publication on National Guideline Clearinghouse (NGC) website (www.guideline.gov). Currently, 27 MQIC guidelines are available on the NGC website with some updates pending, and one is waiting for inclusion.
- Reviewed MQIC measures and specifications and revised as indicated. Measures and specifications for 2009 are available on MQIC website, www.mqic.org.
- New HEDIS[®] measures were selected for bronchitis, low back pain, and adult preventive services guidelines. A non- HEDIS[®] measure was selected for the chronic kidney disease guideline.
- Health plans submitted HEDIS[®] 2009 and non-HEDIS[®] data for MQIC annual performance reporting. Please refer to the 2009 Annual Performance Measurement Report for our MQIC community results.
- Performance measurement results saw improvement in 80% of all measures, with almost 40 measures realizing improvement of greater than 3%.
- Project planning is underway for a collaborative asthma quality improvement initiative. MQIC Measurement Group provided a special asthma data set (HEDIS[®] asthma data by ZIP code and race) to assist with project planning.
- Continued participation and collaboration in other quality improvement efforts (e.g. Greater Detroit Area Health Council's "Save Lives Save Dollars" initiative).